Additional Resources for Bullying Prevention

Bullying Prevention in the Community and the Schools

ADL Curriculum Connections
Anti-bias lesson plans and resources for K-12 Educators
http://www.adl.org/education/curriculum_connections/cyberbullying/

Best Practices of Youth Violence Prevention:
A Sourcebook for Community Action
http://www.cdc.gov/ncipc/dvp/bestpractices.htm

Beyond the Binary A Toolkit for Gender Identity Activism in Schools information designed to assist teachers and students in creating a safe space within the school for transgender and gender nonconforming students.
http://www.gsanetwork.org/BeyondtheBinary/toolkit.html

California Safe Schools Coalition, Safe Place to Learn: Consequences of Harassment Based on Actual or Perceived Sexual Orientation and Gender Non-Conformity and Steps for Making Schools Safer (2004) (hereinafter Safe Place to Learn), available at
http://www.casafeschools.org/SafePlacetoLearnLow.pdf.

Don't Suffer in Silence: An anti-bullying program of the British Department of Education and Skills.
www.dfes.gov.uk/bullying/

Eyes on Bullying Toolkit
http://www.eyesonbullying.org

Fight Crime: Invest in Kids
This brief is based on a report by FIGHT CRIME: INVEST IN KIDS, an anti-crime group of over 2,000 police chiefs, sheriffs, prosecutors, victims of violence, youth violence experts and leaders of police associations. **http://www.fightcrime.org/reports/Bullying2pager.pdf**

The GLBT Youth Support Project: Offers training and technical assistance to providers and educators supporting GLBT youth and their families. Interrupting Homophobia trainings are available to schools and agencies that want to address anti-gay bullying and harassment. **www.hcsm.org/glys.htm**

GLSEN: has a research articles on the scope of bullying and policy guidance to improve safety in schools. **http://www.glsen.org/cgi-bin/iowa/all/involved/policy/index.html**

Incredible Years program is an anti-aggression intervention for young children in preschool and early elementary schools that trains parents and teachers. **http://www.incredibleyears.com/**

LIFT: Linking the Interests of Families and Teachers program is geared to reduce the number of aggressive acts by children who are highly aggressive on the playground.
http://www.colorado.edu/cspv/blueprints/promising/programs/BPP09.html

Linking Bullyproof: Teaching About Bullying and Harassment Using National Standards for School Counseling and Health Education A joint publication of the Wellesley Centers for Women and the National Education Association Professional Library. The manual is designed to integrate the topics of bullying and harassment into the classroom curriculum of 4th and 5th grade students. It is a supplement to *Bullyproof: A Teacher's Guide on Teasing and Bullying for Use with Fourth and Fifth Grade Students* (Sjostrom & Stein, 1996). by Emily Coe-Sullivan, Ed.M., Nan D. Stein, Ed.D. (2006) see publications tab on **http://www.wcwonline.org/**

Massachusetts Aggression Reduction Center (MARC)
Free web resources and curricula on bullying and cyberbullying.
http://webhost.bridgew.edu/marc/free%20web.html

Massachusetts Youth Risk Behavior Survey

Information on violence-related behaviors and experiences can be found in Chapter 5 of the 2005
MYRBS: **http://www.doe.mass.edu/cnp/hprograms/yrbs/05/ch5.pdf**

National Youth Violence Prevention Resource Center: A Federal resource for communities working to
prevent violence committed by and against young people. **http://www.safeyouth.org/scripts/index.asp**

Olweus Bullying Prevention Program
The Olweus [pronounced Ol-VEY-us] Bullying Prevention Program is a comprehensive, school-wide
program designed for use in elementary, middle, or junior high schools. Its goals are to reduce and
prevent bullying problems among school children and to improve peer relations at school.
http://www.clemson.edu/olweus/

SAFE-T Program: A Prevent Child Abuse Vermont initiative that is classroom-based and includes a
Teacher's Guide, Student Workbook, Student Journal, Teen-Adult Dialogue Workbook and SAFE-T
video. Prior to the implementation of the program, teachers involved in the classroom component receive
training in the program's philosophy, research base and facilitation of lessons. Additionally, the school
staff is trained in understanding and responding to inappropriate and/or problematic behavior of students.
http://www.pcavt.org/index.asp?pageid=319

Stop Bullying Now: Practical research-based strategies to stop bullying in schools.
www.stopbullyingnow.com

Surgeon General's Report on Youth Violence:
http://www.surgeongeneral.gov/library/youthviolence/toc.html

The No Name-Calling Week Coalition: An annual week of educational activities aimed at ending name-
calling of all kinds and providing schools with the tools and inspiration to launch an ongoing dialogue
about ways to eliminate bullying in their communities. **www.nonamecallingweek.org**

Teaching Tolerance: A program of the Southern Poverty Law Center that promotes respect for
differences and appreciation of diversity in the classroom and beyond. The project offers free
downloadable curricula and a magazine for educators, and organizes the annual Mix It Up At Lunch Day.
www.tolerance.org

Transgender and Gender Non-Conforming Youth Recommendations For Schools, policy guidelines
created by the Transgender Law Center to eliminate harassment and discrimination for transgender and
non-conforming youth.. **www.transgenderlawcenter.org**

Understanding Violence, the 2006 book by Dr. Elizabeth Kandel Englander renowned expert in the field
of violence and cyber bullying **http://elizabethenglander.com/**

Cyberbullying

Center for Safe and Responsible Internet Use
The Center for Safe and Responsible Internet Use provides research and outreach services to address issues of the safe and responsible use of the Internet. They provide guidance to parents, educators, librarians, policy-makers, and others regarding effective strategies to assist young people in gaining the knowledge, skills, motivation, and self-control to use the Internet and other information technologies in a safe and responsible manner. **http://new.csriu.org/**

Cyberbullying and Cyberthreats
Responding to the Challenge of Online Social Aggression, Threats, and Distress by Nancy E. Willard   **http://new.csriu.org/cyberbully/cbbook.php**

Cyber-Safe Kids, Cyber-Savvy Teens: Essential strategies to keep children and teens safe online by Nancy E. Willard**. http://www.cskcst.com/**

Youth Speak Out About Violence Prevention

Let's Get Real A powerful documentary where youth speak about name-calling and bullying . A Debra Chasnoff, Helen S. Cohen and Kate Stilley film. **http://respectforall.org/films/index.html**

Straightlaced Teenagers open up about how they are limited by gender role expectations and their process of finding ways to really be themselves. **http://respectforall.org/films/index.html**

That's a Family! takes viewers on a tour through their lives as they speak candidly about what it's like to grow up in a family with parents of different races or religions, divorced parents, a single parent, gay or lesbian parents, adoptive parents or grandparents as guardians. This award-winning film will stretch your mind and touch your heart no matter what your age. **http://respectforall.org/films/index.html**